

**Teacher(s):** Travis Passier

**Faculty:** Physical Education

**Unit Duration:** Semester 1, 2024

The **Australian Curriculum Achievement Standards:** N.B. While Sports Coaching is not currently listed as a subject in the Australian Curriculum, this subject aligns with aspects of the Science and Physical Education and Health Achievement Standards.

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**Unit Description:** Sports coaching focuses on factors that affect sporting performance. The area of study for this semester will involve physical and mental preparation. They will look at the different areas of preparation – nutrition, physical (strength flexibility, and psychological (focus, arousal, etc.) compiling a performance profile as part of the main assessable piece. **This unit may contain topics which raise concerns with families in our community. Please contact the class teacher if you have any specific concerns.**

**Essential Learning Outcomes developed from the Achievement Standards of the Australian Curriculum:**

1. **V9.HPE.9/10.04-** Synthesises health information from credible sources to propose and justify strategies to enhance their own and others' health, safety, relationships and wellbeing
2. **V9.HPE.9/10.05-** Evaluates and refines their own and others' movement skills and performances, and applies movement concepts in challenging or unfamiliar situations
3. **V9.HPE.9/10.06-** Adapts and transfers movement strategies to unfamiliar situations to achieve successful outcomes
4. **V9.HPE.9/10.08-** Applies and evaluates leadership approaches, collaboration strategies and ethical behaviours across a range of movement contexts
5. **V9.E.10.08-** Creates written and multimodal texts, including literary texts, for a range of purposes and audiences, expressing ideas and representations, making connections and providing substantiation
6. **V9.E.9.09-** Creates written and multimodal texts, including literary texts, for a range of purposes and audiences, expressing and expanding ideas, shaping meaning and providing substantiation
7. **V9.HG.9.11-** Develops and evaluates strategies, predicts impacts and makes a recommendation
8. **V9.HG.10.11-** Develops and evaluates strategies using criteria, recommends a strategy and explains the predicted impacts

**Materials and Equipment Required:** Students are expected to arrive at every class with a class book/folder to write notes for that subject, a writing instrument and a Chromebook or similar, appropriate electronic device. Students are required to provide the following additional materials and equipment: *insert other required materials*

**Absences from Class:** Students who miss classes due to absence or excursions must negotiate with the class teacher to catch up missed work.

**Use of IT in Class:** A Google Classroom has been set up for this class. Students will be required to log into this Google Classroom regularly to access course material. Students must bring their Chromebook to all lessons, however, the use of these devices in class will be at the discretion of the teacher.

**Homework:** Any homework will be directly related to instruction and course requirements, will be assessed appropriately and may impact upon student grades. Examples of homework may include: catch up on missed classwork, revision of classwork, study for tests, assignment work, or preparation for a class presentation.

**Late Work:** Extensions may be negotiated with individual teachers before the due date

**Plagiarism:** Plagiarism is copying or using another's work and claiming it as your own. This includes copying, cutting and pasting text or using ideas directly from a text, the internet or some other source without appropriate referencing. If this happens, work may not be graded and students will be asked to discuss the assessment with the classroom teacher and Executive Teacher for that subject. Parents may be contacted as part of this process.

**Assessment Portfolio:** This contains evidence of work from the opportunities the students have been provided to demonstrate elements of the achievement standard.

**Portfolio Assessment Tasks for this subject will include:**

	<b>Week / Date Due</b>	<b>Essential Learning</b>
1. In class tasks	<b>By week 16</b>	<b>1, 7, 8</b>
2. Physical Participation, Skill & Effort	<b>Ongoing</b>	<b>2 &amp; 3</b>
3. Leadership, Fair Play and Sportspersonship	<b>Ongoing</b>	<b>4</b>
4. Investigation - Arousal	<b>Week 11</b>	<b>1, 5, 6</b>
5. Research task – Nutrition	<b>Week 16 or 19</b>	<b>1,</b>
6. Assessment – Performance profile	<b>Week 17</b>	<b>1, 5, 6, 7, 8</b>

**A-E Reporting Grade Descriptors** These are the grades and grade descriptors for reporting at the end of each Semester.

**A** Demonstrating **excellent** achievement of what is expected (Consistently achieving a proficiency level of 4 or above in each of the Essential Learnings)

**B** Demonstrating a **high** achievement of what is expected (Consistently achieving a proficiency level of between 3 and 4 in each of the Essential Learnings)

**C** Demonstrating **satisfactory** achievement of what is expected (Achieving a proficiency level of 3 across the Essential Learnings)

**D** Demonstrating **partial** achievement of what is expected (Achieving a proficiency of between 1 and 3 across the Essential Learnings)

**E** Demonstrating **limited** achievement of what is expected (Achieving a proficiency of 1 or less in each of the Essential Learnings)

**S** **Status** is awarded where unavoidable circumstances have prevented assessment. Must be negotiated with the Principal.

#### **Grade Descriptors and the "C" grade**

In ACT public schools the Australian Curriculum Achievement Standard is aligned with a 'C' grade. The 'C' grade indicates that your child has demonstrated a satisfactory level of knowledge, understanding and skill in relation to the Achievement Standard.

#### **Appeals**

*A student must initiate an appeal for any grade with their subject teacher. If a student is dissatisfied with that initial process, they must pursue further appeal through the Faculty Executive Teacher for that subject.*

#### **Executive Teacher**

Ben Williams

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