Dear UCHSK community

With term 4 well underway, students are busy completing end of year assessments and assignments and staff are busy collecting evidence of learning to be moderated for end of year grades. It is, without doubt, a busy time, and all students have been reminded to have open, honest conversations with their teachers if they are feeling confused or stressed about what is expected of them, or what they need to achieve in order to pass or excel in any of their classes. I ask that you, as parents and carers, support us by encouraging your child to complete set work to the best of their ability and support your child by encouraging and supporting them in achieving their goals, submitting work on time and using the feedback provided by their teachers to continually improve their outcomes.

In addition, this may be a timely reminder that supporting your child to get to school every day, on time, can be critical in encouraging them to do as well as they possibly can during the school year. I often find myself having conversations with parents and carers about student absences, or even patterns of lateness to school; whilst I acknowledge that many absences are unavoidable, due to illness, many people play down the importance of regular absences and even regular lateness to school. The table below is a representation of the possible long term effects of student absences on opportunities to learn at school.

<table>
<thead>
<tr>
<th>MISSED DAYS</th>
<th>EQUALS</th>
<th>OVER 1 YEAR OF SCHOOL</th>
<th>OVER 13 YEARS OF SCHOOL (K - Y12)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 day a fortnight</td>
<td>5 days a term</td>
<td>20 days or 4 school weeks</td>
<td>over 1 whole school year</td>
</tr>
<tr>
<td>1 day per week</td>
<td>10 days per term</td>
<td>40 days or 8 school weeks</td>
<td>over 2½ whole school years</td>
</tr>
<tr>
<td>2 days per week</td>
<td>20 days per term</td>
<td>80 days or 16 school weeks</td>
<td>over 5 whole school years</td>
</tr>
</tbody>
</table>

Even being 10 minutes late for school each day has implications. Students who miss roll call and Pastoral Care, rocking up just 10 minutes late each day, miss as much as 2000 minutes (33 hours) of school each year; not to mention the opportunity to develop strong relationships with their PC teacher and their peers, along with daily notices about what’s going on at the school that day.

I urge you to encourage your teens to get a good night of sleep and develop effective and efficient morning routines, which see them well-rested, well-nourished and on time for school in the morning. Yes, it’s okay to turn off the phone and ignore social media during your sleeping hours! And remember, if your child is absent for any time at school, it is your responsibility (and a legal requirement) for you to provide the school with an explanation for their absence.
FROM THE PRINCIPAL’S DESK (continued)

If you read the newsletter regularly, then you will be aware that UCHSK is undertaking a process to become a school that embraces a ‘Positive Behaviours for Learning (PBL)’ approach. PBL is a whole school approach to creating a safe and supportive environment through strong evidence based systems and practices. In a collaborative effort, staff and students have come up with a list of expected behaviours that we want to see from everyone, every day. These are now ready to be published and explicitly taught (or retaught as the case may be.)

The agreed actions are aligned with our school values, Kindness, Achievement, Respect and Endeavour and they also fall into three overarching categories: ‘We are Safe’, ‘We are Respectful’ and ‘We are Learners’. The list will be published and shared with the wider community in the very near future.

Yours in Education,

Lana

Lana Read
Principal
UC High School Kaleen

CONTACTING STUDENTS AND COMMUNICATIONS

Occasionally parents/carers need to contact young people at school. The school will make every effort to facilitate immediate contact in an emergency or otherwise urgent situation.

However, we ask that parents/carers be patient with the school in the case of non-urgent situations. School staff will endeavour to get messages to students in a way that minimises disruption to student learning.

The school minimises the use of the PA system for this reason. The PA system will generally not be used to contact individual students. In non-urgent situations students will be asked to make contact with parents during recess or lunch breaks.

UCHS Kaleen newsletters are completed in weeks 4 and 7 every term. They are sent home via email and displayed on our webpage each month for viewing by our school community.

Parents are often advised of school activities and events in the newsletters so it is very important that you advise us of any changes to your email address.

If you would like your newsletter sent electronically, please email: uchskaleen.information@ed.act.edu.au with your current email address.

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LIVING SKILLS

The Year 8 Living Skills group have been working hard at improving their teamwork and cooking skills by creating a wide array of food including spaghetti bolognaise, damper, nacho bowls and pancakes. The most challenging to make required students to pair off and create strawberry jelly trifles. Time management was needed to create custard, strawberry jelly, cake and whipped cream as well as washing up in a single lesson. In truth the hardest part was waiting a day to eat them. They were spectacular. Term 4 sees the students making banana choc chip muffins, Chocolate Scrunch (whatever that is), and Berry Waffle Sundaes. I’m going to need bigger pants.

Mr Barry

SPORTS COACHING ON ICE

Miss Fisher took the Year 9/10 Sports Coaching class ice skating in Term 3 at the Phillip Swimming and Ice Skating Centre, as part of their studies on Olympic sports. She said the highlights of this excursion were:

- that most students had never skated before and they all persevered,
- The respectful behaviour of the students on public transport,
- And that despite many spectacular stacks, there were no injuries!
COMMUNITY NEWS

**Parentline ACT**

Monday to Friday (except on public holidays)
9am to 5pm
Phone: 6287 3833

**Changes to Canberra Public School Uniform Policy**

The ACT Government Education Directorate has recently updated its Dress Standards and Uniforms in Canberra Public Schools policy. The new policy, procedures and guideline provide direction and advice to schools in developing and implementing school based student dress standards policy and procedures.

The policy requires that:

- All Canberra public schools develop and implement a student dress standards policy and procedure in conjunction with their school board and school community.
- All primary schools and high schools have a uniform.
- All high schools have a formal style uniform option (which may either be the sole uniform option, or offered alongside less formal uniform options).
- Schools expect students to abide by the dress standard while attending school or official school activities.

The new policy has been introduced in response to a 2014 survey that found Canberra parents are overwhelmingly in favour of seeing school uniforms in high schools. School uniforms have a number of benefits, including promoting a sense of belonging among students, reducing perceived pressure for students to wear particular fashions and promoting the safety of students through easier identification. The new policy will help promote a positive image of Canberra public schools.

High schools who do not have a formal style option will be required to develop a new uniform option in partnership with school communities. Schools must ensure that uniforms are affordable for families and are suitable for all students regardless of gender identity, preferred presentation, ethnicity, religion, age, disability, pregnancy or body shape. Principals will also be able to make changes to uniform requirements for individual students to ensure students’ health and wellbeing.

Changes to uniforms will be phased in over time, to allow schools time to engage with their school community and where necessary, develop new uniform options.


Year 10 studying **Rates of Reactions**. This is a catalyst reaction known as Elephant Toothpaste.

Meanwhile, Year 7 were studying **Forces** and working on **Air Resistance**, and what factors can affect it like the size of the canopy of a parachute, the mass of the jumper, the length of the strings or the shape of the parachute.

**Ms Richardson**

**WHITE CARD AND ASBESTOS TRAINING**

In Week 1, the CIT came to UCHSK to deliver two courses to our students. On the Thursday they completed the Asbestos Awareness Training, and on the Friday they completed the White Card Training (workplace Health and Safety Training). Students from 8, 9 & 10 attended from the VET Construction, Agrifoods and Hospitality courses.

The students will be able to use this training to gain access to building sites and farm sites to complete work experience and have the possibility to complete part time work; without the white card they cannot get on sites at all. Students wanting to pursue work in Trades are encouraged to take the opportunity to pursue this course through the school system when offered.

**Mr Major**
DEPUTY PRINCIPAL’S UPDATE

Student Services
As Lana raised in her report, through the Positive Behaviours for Learning initiative, staff and students have been working hard on a list of behaviours that we as a community expect of each other. It will be great once we have these finalised and we can begin recognising the efforts of all our students as they demonstrate these behaviours each day. At times families request information on the procedures followed when students don’t behave in an expected manner. These procedures may relate to behaviour management, uniform, community service or suspension. Student Services procedural documents can be found on the school website under the “Our School” tab.

Electives
By the beginning of week 4 (31/10/16), all year 7, 8 and 9 students should have received an invitation to nominate preferences for their 2017 electives in their Education Directorate Gmail inbox. For current students this process will again be completed online. Students will nominate three preferences for their electives in both semester 1 and 2 of 2017.
By the same date all prospective 2017 year 7 students and their families should have received a form via email to nominate their electives. This form can be returned electronically to UCHSKaleen.information@ed.act.edu.au or in hard copy to the school front office.

An elective handbook is available on the school website, which provides a short summary of elective options. This handbook also includes the application form for certain extracurricular programs including the UCAN Rock, Rock Band program and the Instrumental Music Program (IMP). The closing date for all electives is **Friday the 11th of November.** Should you have any questions at all regarding 2017 electives please don’t hesitate to contact the school through our front office.

BYOD
In 2017 UCHSK will have moved to a full “Bring Your Own Device” (BYOD) environment. This transition has been occurring slowly since 2015. The combination of BYOD and access to Google Apps for Education provides students with many learning opportunities not previously available using traditional teaching methods. All classes are now linked to Google Classrooms and the delivery of content is generally a mix of the traditional and the use of the online platform. Information has been provided to all families by email about:

- The transition to BYOD
- Suggested devices and device specification requirements
- Chromebook hire in 2017
- Google Guardian Summaries (How to access relevant information on your child’s Google Classroom)

Should you be unsure about any of this information or have any additional questions please don’t hesitate to contact the school through our front office.

Daniel Mowbray
Youth and Family Support

What does this program do?

Works in collaboration with children, young people and families to assist them to develop their skills and access resources that support them to be active in and connected to the community.

Support Workers can assist through the provision of information, identification of goals, case coordination, support and groups that promote positive parenting, mentoring and personal development.

Who is this program for?

Children, young people and families who are experiencing complex issues that are impacting on their lives, and require information and support to enhance their opportunities.

Where does this program operate?

The service is based at Kippax Health Centre, Kippax Place in HOLT. Services are provided on an outreach basis.

When does this program run?

Monday – Friday
9am to 5pm
50 weeks a year. The program closes for 2 weeks over the Christmas period

How can I get more information?

Contact Belconnen Community Services
62640200

www.bcsact.com.au
THIS WEEKEND!

Join our local legends and Run for your Lifeline, Canberra!

Saturday 5 November
Lake Burley Griffin
5km • 10km • Half marathon
www.runforyourlifeline.com.au

AGRICULTURE TAKES TO THE COMMUNITY

As part of the agricultural VET course the students are hitting the streets in a workplace simulation. They are helping elderly members of the community with their garden work while working as a team. Previous weeks saw the team in Page helping an 88 year old veteran. If you know of anyone in the community who could do with some help from the team don’t hesitate to contact the school and ask for Ms Richardson and she’ll try to add them to the list.
UCHSK UNIFORM SHOP NEWS

As the student numbers continue to flourish it has become increasingly difficult to hold enough stock of our school uniforms at the school to meet demand. With this in mind, we have been in negotiations with our uniform supplier surrounding the possibility of outsourcing our sales to a shopfront.

We are excited to announce that we are in the final stages of transitioning uniform sales to a store nearby (approx. 10 – 15 mins drive away)!

As such, we now hold minimal stock at the school in the hopes that the store will be in a position to commence sales of our uniform around mid-November. If there are any urgent uniform requests in the meantime, we will certainly do our best to fill your order (please note however that there will be a delay of around two weeks if items need to be ordered in). All uniform orders received to date have also been processed.

It is anticipated that there will be multiple benefits to families being able to access our uniforms offsite with the store being open Saturdays, school holidays and having the convenience of online ordering. The store will also stock generic navy track pants and shorts.

All families will be emailed details of where to purchase our uniforms once the store is up and running, so watch this space!

If you have any queries, please contact the Front Office on 62055811

P&C REPORT

Last week’s P&C meeting was a special one as it followed our first P&C-run Parent Forum. UCHSK parent and psychologist, Genna Ward, spoke to a group of interested parents on the topic of Teens & Drugs. A really helpful and informative session!

The P&C is planning to run more forums like this on topics of interest to the school community. Watch out for more dates in 2017 and come along.

The Photo Fundraiser held a couple of weeks ago was a success, raising almost $200 which just about covered our recent P&C donation to help build the worm farm in the agriculture area. These photo sessions were an easy way for families to have some great photos taken at a reasonable cost (only $20 for an A3 framed photo), plus a simple and straightforward fundraising opportunity. We are planning to do it again at a similar time next year, so keep it in mind and let your friends and work colleagues know – you don’t have to be a school family to participate.

As we are a small school and a small P&C, we try to be realistic about what we can do. Next year we want to have one (occasionally two) fundraising events each term. Fundraising opportunities coming up early next year include the Model Railway Exhibition and a spring bulb fundraiser. We’d love your support either to volunteer to help out on the day or to purchase and sell spring bulbs.

The P&C meeting is also a good opportunity to hear direct from the Principal about what’s happening in the school. This time we were pleased to hear about staffing updates and the development of the Positive Behaviours for Learning program.

We see one of our roles as a P&C as helping to foster community. One of the ways we can do that is the Year 7 get together a few days before school starts. We have done this for a couple of years now and it’s been great – meet in a local park on the Saturday afternoon before school starts for the year to connect with other Year 7 students and their parents and carers. Year 7 for 2017 are welcome to come to the Pine Park on Bokhara Circuit, Kaleen from 2:30pm on Saturday 28th January, contact Leeann Topp at topptwo@gmail.com for more info and to RSVP.

Have you seen the school Facebook page? Did you know the P&C uses the school page to advertise events and to pass on interesting info to the school community? “Like” the page to see more.

Our next meeting is Wednesday of week 8, 30 November 2016. All welcome!

Elissa Steel
P & C President
In a mutually beneficial arrangement between the two schools, UC Lake Ginninderra College students and UCHSK VET Hospitality students enjoyed a number of mentoring sessions. Lake Ginninderra students (including a number of UCHSK Alumni) cooked and catered for our students a couple of weeks ago at the college, and our students returned the favour, serving them lunch this week. This was their first experience catering for a large group of guests with a variety of dishes and drinks on the menu. Their event also included running activities and challenges for entertainment. The students pulled it together and created impressive dishes in a short time.
**BADMINTON**

8 UCHSK students attended the Interschools Badminton day at the ANU gym. Whilst Kaleen did not make the playoff round the kids had some good success against Canberra High School, winning 5 games, and also winning one game against Telopea Park School. Our students were polite, respectful and showed great sportsmanship in all of their encounters with other teachers and students and once we had been knocked out of the round our students took on the task of scoring for the semi-final rounds which they completed maturely and with accuracy.

It was a pleasure to accompany them and see how well the students perform on the public stage. I am glad I went!

Mr Major

**SPORTS COACHING: SWIMMING TECHNIQUE**

On Wednesday the 26th of October Miss Fisher accompanied a group of Year 9/10 students to CISAC for a swimming technique coaching session.

The session was lead by former NSW Institute of Sport Head Swimming Coach, Jim Fowlie. Miss Fisher and the students were in awe of Jim’s experience and accolades. Jim’s former students include the likes of Geoff Huegill, Libby Trickett and James Magnussen. Jim has been a part of the Olympic movement for the past 40 years and has attended every Games (except Rio) as either a competitor or a coach.

Jim’s session focussed on stroke rate, breathing rate and perceived exertion.

Year 10 student Lauren Riddle said that the session sparked the love of swimming that she had lost over the past few years.

**THANK YOU HARUKA SENSEI!**

Thank you to Haruka Komon (Haruka Sensei) for coming to volunteer at our school for a month in term 3. Your hard work was greatly appreciated and we will miss you. Please come back again anytime!

また来てください

Ms O’Rourke
Young Music Society
Artistic Director / Manager: Stephen Leek

Summer Music School

SENIOR MUSIC PROGRAM

Director: Reuben Lewis
for young people Years 5 - 12. No previous music experience necessary
*UCHSK does not necessarily endorse the products or services advertised

ADVANCED MUSIC PROGRAM

Director: Sally Greenaway
for advanced young musicians between 14 and 21 years of age with AMEB Grade 5 +

9th – 20th January, 2017

Radford College, Bruce, Canberra

Artist in Residence: Dan Walker

The non-residential 10 day vacation school includes a range of creative composition, improvisation and creative performance activities that will inspire, motivate and engage teenaged musicians in a fun and supportive environment. The Senior Music Program is for those with limited or no previous experience who want to experience the many aspects of music-making with like-minded other young people, and have the opportunity to learn a new instrument or develop musical skills they already possess. Attendance in the Advanced Music Program is a must for any serious music student looking to be challenged in an intensive professional environment. Programs cover all instruments from violin to guitar to voice; and styles of music from classical to jazz to pop.

On-line applications and more information:
www.youngmusicsociety.org.au

*UCHSK does not necessarily endorse the products or services advertised
The emerging technologies of electronic devices are a part of everyday life and can add value to a student’s educational experience if appropriately incorporated into the learning program. However, some use is inappropriate in the school environment and can be disruptive to student learning.

The major issues relating to the use of electronic devices in the school environment include:
- Disruption to educational programs through the receipt and transmission of messages
- Privacy concerns related to the ability of many devices to take photographs or record conversations without the knowledge or consent of those being recorded
- Access and interface with inappropriate materials via the internet
- Potential for cyber bullying including the sender’s view that they have anonymity
- Loss and/or theft
- Potential for breach of copyright
  Duty of care to take reasonable steps to prevent persons being harmed by access to inappropriate materials, by cyber bullying, by defamation and/or threats of violence etc.

**UC High School does not take responsibility for the loss, theft or damage of a student’s electronic device.**

Unless otherwise directed by a staff member; any electronic device that is carried onto the school premises, and/or into school environments by a student must be switched off and kept out of sight between the hours of 8.55am and 3.00pm, except during recess and lunch.

**Parents/Carers:**
It is the responsibility of parents/carers to support and reinforce the school policy regarding the acceptable use of electronic devices at UC High School Kaleen and to ensure that their child is complying with the policy.

*In the event that emergency phone communication between students and families is necessary, communication should take place through the Front Office by phoning 62055811.*

Any misuse of mobile phones will result in confiscation of the phone by the Principal.
Scale ACT ’16

Scale Model Competition and Exhibition

Sat 12th – Sun 13th Nov 2016

UC High School Kaleen
108 Baldwin Ave, Kaleen ACT

Come and see:
  • model displays
  • demonstrations
  • children's activities
  • Swap 'n Sell stall for secondhand goods
  • traders selling kits, books, modelling accessories throughout the weekend.

Plus we have special Juniors (12yrs & younger) and Young Guns (13-18yrs) competition categories with FREE entry for 18yrs & under competitors

All welcome, whether to enter the competition or just have a look!

For more details, please visit
http://www.actsms.asn.au

ACTSMS or Scale ACT 16
FOR THE FRIDGE DOOR

Thursday November 3rd
7/8 Design and Tech UC Wind Tunnel
Yr 7 2017 Parent Information Night

Friday November 4th
Inclusive Education transition visit
Yr 8/9 Debating

Tuesday November 8th
9/10 SOSE Excursion

Wednesday November 9th
7/8 Inquiry Excursion to National Museum

Thursday November 10th
Solar Oven Competition, Lake G

Friday November 11th
Inclusive Education transition visit

Wednesday November 16th
Yr 7 Immunisations Round 3

Friday November 18th
Inclusive Education transition visit

Monday November 21st
Ag Excursion: Horseriding

Tuesday November 22nd
VET Community Service 11—1pm

Wednesday November 30th
UCAN Excel 9/10 Exhibitions
Yr 7 Body Image Workshop 9—11am

Thursday December 1st
7/8 SOSE Excursion
Yr 10 Formal at Versatile

Friday December 2nd
Yr 10 Assembly
Inclusive Ed. Transition Visit

Tuesday December 6th
VET Community Service 11—1pm
Yr 10 Graduation and Awards
Year 10 last day of school 2016

Tuesday December 13th
Yr 7—9 Awards Ceremony

Friday December 16th
Last day of school 2016

STUDENT ABSENCES
Please note the new number to call if your child is going to be absent from school is now 62055831.
We would appreciate contact with the school before 9.30am. A message can be left on the school answering machine prior to 8.30am or email to: UCHSKaleen.Rolls@ed.act.edu.au

Japan Club, every Friday lunch in the Japanese room.
Watch anime, TV shows and game shows, listen to music, or just relax!

2017 UCHSK Return:
New students Mon. 30th Jan. 2017
Returning students Tues. 31st Jan. 2017

Year 10 Mini Calendar
Week 7:
Year 10 WEX Catch-up
Thurs. Dec 1st:
Year 10 Formal at Versatile
Fri. Dec 2nd:
Year 10 Assembly
Tues. Dec 6th:
Year 10 Graduation and Awards/Year 10 last day of school Fun Day Excursion