



UC HIGH SCHOOL
KALEEN

2018 UCHSK Ocean Camp

14th - 16th November
Broulee and Tomakin NSW
Barlings Beach Tourist Park
Surf the Bay Surf School

Dear parents/guardians,

This booklet has important information regarding the 2018 ocean camp. Please read all documents carefully and do not hesitate to contact myself with any questions.

The following has been included:

FYI

- Packing list
- Itinerary

To be returned to school

- UC High School Kaleen outdoor education excursion permission note
- Medical Information and Consent form (if anything has changed)
- Surf the bay indemnity form (For their records)

We look forward to making this trip an enjoyable experience for your child.

Kind regards,

Rourke O'Sullivan

6142 0490

Rourke.O'Sullivan@ed.act.edu.au

Excursion Permission Note

Where:	Broulee and Tomakin, NSW				
Purpose: (including cost breakdown)	Students will be traveling to Broulee to participate in workshops run by Surf the Bay Surf School. The workshops will include stand up paddle boarding, surfing, snorkeling and kayaking. Students will also have the opportunity to camp and prepare meals.		Transport:	\$ 45	
			Meals/Accom:	\$ 55	
			Staffing:	\$	
			Program:	\$ 125	
Date:	14th of November to the 16th of November	Time:	Depart 6.30am on the 14th and return at 3.30pm on the 16th	Total Cost:	\$ 225
Transport:	Hertz Bus 25 seater bus. Rourke O'Sullivan will be driving the 25 seater bus. A private car may also be driven by another staff member if required. Please advise of any concerns or queries.				
Staff Attending:	Rourke O'Sullivan, Kelly Gooch				
Special Requirements/ Medical Changes:	See Attached				
Meeting time/place/teacher:	Students will meet at school on the 14th of November at 6.30 am and return to school on the 16 th of November at 3:30pm				

Many excursions involve non-refundable advance bookings and payments. Parents/Carers need to be aware that refunds are not always available if students change their minds about attending. Students are expected to catch up on class work missed as a result of attending this excursion.

Staff accompanying students on excursions will take all reasonable care while students are in their charge to protect them from injury and to control and supervise their behaviour and activities.

Should there be any changes to your child's medical circumstances (as outlined in their enrolment medical information) please notify the teacher supervising this excursion.

Parents should be aware that staff members are not responsible for injuries or damage to property that may occur on an excursion where, in all circumstances, staff have not been negligent. Parents should warn children of the risk to themselves, to others and to property, of impulsive, wilful or disobedient behaviour.

Please do not hesitate to contact me at the school if you have any questions or require any further information.

Rourke O'Sullivan
Co-ordinating teacher

Lana Read
Principal

Sleeping Requirements

- Sleeping bag or doona and sheet.
- Pillow and pillow case,
- Pyjamas (warm)
- Tent (Group)

Clothing

- Waterproof jacket (in case of rain)
- Swimmers (wetsuits are provided for students who don't own one)
- Hat
- Sunglasses
- Warm pants
- Warm jumper
- T-shirts
- Shorts
- Closed shoes
- Thongs

Extras needed in day pack – Lunch, snack food, water bottle, sunscreen, camera (optional) and spare change (conditions can change very quickly).

Food

- Lunch provided on both days
- Dinner on Wednesday and Thursday (Group Preparation)
- Breakfast Thursday and Friday (Group Preparation)
- Snacks
- Water bottle

Students are not allowed to bring large amounts of junk food. Soft drinks and Energy drinks are prohibited.

Extras

- Toiletries (tooth brush, soap etc)
- Bath towel
- Beach towel
- Plate/bowl/cup/utensils
- Cooking Utensils & Equipment
- Esky (Group)
- Paper Towel (Group)

What's provided:

- Powered camp site
- BBQ's and basic camp kitchen
- Showers
- Stand up paddle board and surfing sessions equipment
- Lunch both days

Broulee Ocean Camp Itinerary

<u>Day 1 14/11/2018</u>	
Time	Activity
6.15am - 6.30am	Arrive at school. Check student attendance (mark rolls).
6:30am - 10:00am	Drive from UCHSK to Broulee Stop at Braidwood Bakery on the way.
10:30am - 12:30pm	First session (Surfing) led by Surf the Bay Surf School.
12:30pm - 1:00pm	Lunch – Provided by Surf the Bay (BBQ)
2:00pm – 4.00pm	Second session (Stand Up Paddle Boarding) lead by Surf the Bay
4:00pm - 5:30pm	Travel to Barlings Beach Tourist Park Camp rules Tent set up Sleeping requirements
5:30pm - 7:00pm	Meal prep and dinner (Group provide own)
7.00pm – 10.00pm	Fun Activities
10.30pm	Lights out

<u>Day 2 15/11/2018</u>	
Time	Activity
7.30am - 8.30am	Wake up and Breakfast
8.30am - 9:00am	Prepare and depart for first lesson
9:30am - 11:30am	Third session (Snorkelling)
11:30pm – 1:00pm	Lunch at local fish and chip shop. (Provided)
1:00pm - 3:00pm	Forth session (Kayaking)
3:00pm - 3:30pm	Return to camp site for showers
3.30pm – 5.30pm	Beach Games (Cricket, Volleyball, Frisbee)
5:30pm - 7:00pm	Meal prep and dinner (Group provide own)
7.00pm – 9.30pm	Fun Activities
10.00	Lights out

Broulee Ocean Camp Itinerary

Day 3 16/11/2018	
Time	Activity
7:30am – 8.15am	Breakfast (Group provide own)
8:15am – 9.15am	Site clean-up and check, including camp kitchen
10:00am – 12:00am	Fifth session (Surfing) led by Surf the Bay
12:00am – 12:30am	Lunch – Provided Surf the Bay
12:30am – 3:30pm	Return trip to UCHSK

Permission Form

OUTDOOR ADVENTURE ACTIVITY INFORMATION FOR PARENTS

The ACT Department of Education and Training is an agency of the ACT Government (the Territory). The Territory has insurance arrangements in place in order to meet certain liabilities. The Territory meets claims (including claims resulting from school activities or excursions) against it where there is a legal liability to do so. Liability is not automatic and depends on the circumstances in which the injury or illness was sustained. Parents should obtain their own advice about private insurance protection that may assist in meeting expenses if their child is injured or suffers an illness in circumstances where there is no liability on the part of the Territory. If the outside provider of the service or activity has requested that you sign a waiver or disclaimer statement, the ACT Department of Education and Training recommends that you consider carefully any risks involved before proceeding.

I wish for my child _____ to attend the Ocean Sports excursion to Broulee and Tomakin from the 14th to the 16th of November 2018.

- I have completed all the additional medical forms as required by the Education Department.
- I also understand and accept that normal school rules apply during the excursion. If it is necessary for my child to return home early following a breach of these rules, I will be responsible for all costs and will not be eligible for any refund of excursion costs.
- I am aware that staff members are not responsible for injuries or damage to property which may occur on an excursion where, in all circumstances, staff have not been negligent. I have warned my child of the risk to themselves, to others and to property, of impulsive, wilful or disobedient behaviour.
- I agree to my child travelling by private car, driven by a staff member, if the need arises.
- I also give permission for photos to be taken of my child during this excursion and if required to be published in the school newsletter or school assembly.
- I agree it is my child's responsibility to catch up on assessment items and/or other class work missed due to the excursion.

I acknowledge the details listed in the handbook and give permission for the supervising staff to seek medical attention for my child should they believe it is necessary. I am aware that I will be responsible for any medical expenses incurred and that free ambulance transportation (should it be required) only applies within the Australian Capital Territory.

Notes and \$225 payment must be returned to the front office by Wednesday the 31st of October.

I understand the conditions set out above, the permission description and have read the attached schedule of events.

My child's medical circumstances have not changed **OR** New medical information is attached

Signed _____ Date _____
Parent Name (printed)

Payment Method: Mastercard Visa Cash Direct Deposit QuickWeb Cheque
 UC High School Management Account BSB: 032777 A/C: 001455

CREDIT CARD AUTHORITY

I hereby give authority for payment to be made from my credit card. My credit card details are:

Card No: • • • CCV: _____

Expiry date: ___/___ Cardholder's Name: _____ Date: _____

Cardholder's Signature: _____ Amount: \$ _____

Permission for swimming and aquatic activities

NOTE: The information that you provide will assist to provide a safe environment for your child's participation in swimming/aquatic activities.

Please describe in detail your child's swimming ability, e.g. water confidence, swimming strength, distance (swimming continuously) and ability to tread water.

Please list any special requirements necessary for your child to participate in swimming/aquatic activities.